## MEGAN FARNSWORTH PHD, LMT

Megan@lowtidebodywork.com

#### **BODY**

**Licensed Massage Therapist (LMT)** Low Tide Bodywork. (Medford OR 2022-present). https://lowtidebodywork.com/

Certification at Ashland Institute of Massage. Ashland, OR (725 hours, earned 2022; renewed 2024. Cadaver Lab, Southern Oregon University). <a href="https://www.aimashland.com/">https://www.aimashland.com/</a>

Aquatic Therapist: WATSU® practitioner (Low Tide Bodywork. Medford, OR 2022-present). WATSU® certification. Amnion Aquatics White Stone clinic WA (August 2022). <a href="http://www.amnionaquatics.com/">http://www.amnionaquatics.com/</a>

Oncology Massage Therapist (Asante Rogue Regional medical center, Heimann Cancer center. Medford, OR. 2022-present). Oncology Massage Therapy training. Greet the Day, 2022). <a href="https://www.asante.org/Locations/location-detail/heimann-cancer-center-medford/https://greettheday.org/">https://greettheday.org/</a>

Hospice Massage Therapist (Asante Rogue Regional medical center. Talent, OR. 2024)

### **MIND**

**PhD** in Special Education. University of Arizona (Tucson, AZ May 2010). <a href="https://education.arizona.edu/majors/special-education">https://education.arizona.edu/majors/special-education</a>

Master of Science in Education (MSEd). Southern Oregon University (Ashland, OR 2004) Bachelor's Degree (BA) in Cultural Geography. Humboldt State University (Arcata, CA 1994)

**Oregon Teaching License** Special Education K-8; English Speakers of Other Languages (ESOL) Endorsement K-12; State of Oregon Teacher Standards and Practice Commission (renewed 2023).

**Adjunct Faculty** Trauma Informed Care and Restorative Justice courses for Master's in Education Leaders in Early Childhood Elementary program. Coordinator School Mental and Behavioral Health micro-credential. Stress and Nervous System workshops. Southern Oregon University (Ashland OR, 2022-present). <a href="https://sou.edu/">https://sou.edu/</a>

**Adjunct Instructor** Introduction to Healthcare course and English as a Second Language. Pre-College Education program. Rogue Community College. (Medford OR, 2022-present). https://www.roguecc.edu/

**Research Consultant** and Implementation coach. Southern Oregon Regional Education Network (SOREN Medford OR, 2023-present). <a href="https://www.soesd.k12.or.us/soren/">https://www.soesd.k12.or.us/soren/</a>

**Associate Professor** of Special Education. Taught and supervised teacher candidates in Special Education and Teaching English to Speakers of Other Languages (TESOL). Southern Oregon University (Ashland OR, 2010-2022).

# Academic Publications at <a href="https://independent.academia.edu/MeganFarnsworth">https://independent.academia.edu/MeganFarnsworth</a>

### **SPIRIT**

Vipassana practitioner and Unitarian Universalist member. <a href="https://rvuuf.org/">https://rvuuf.org/</a>
The Compassionate Friends member and facilitator. <a href="https://www.compassionatefriends.org/">https://www.compassionatefriends.org/</a>
Forever Family Foundation member. <a href="https://foreverfamilyfoundation.org/">https://foreverfamilyfoundation.org/</a>

### WATER

Currently studying Amnion modality: prenatal somatic therapy, attachment theory and cranial sacral unwinding (2021-present). <a href="http://www.amnionaquatics.com/">http://www.amnionaquatics.com/</a>

Water Safety Instructor, Farnsworth Swim School 1987-2012. https://farnsworthswimschool.com/

NAUI certified scuba diver. San Francisco State University, 1989. Over 80 logged dives. Most recent Sokaraja Liveaboard Komodo, Indonesia December 2024.

Open water swimmer. Alcatraz open swim San Francisco 2009 and 2014. https://serc.com/alcatraz-invitational/

Lifeguard (1988-90) and Swim team member (1982-88). Almaden Swim and Racquet club. San Jose, CA.

References available upon request